

SHAC and Wellness Meeting

Meeting: School Health Advisory Committee (SHAC)
District Wellness Committee

Date: November 30, 2021

Location: BIMS Media Center

Time: 2:00 pm

Chairperson: Sydney Hertel, Assistant Principal of BIS

In Attendance: Teresa Bodey, BISD Director of PEIMS
Tia Speed, Parent
Joy Howard, Director of Child Nutrition
Nelly Lovato, Elementary Parent Involvement Coordinator
Ofelia Linares, Secondary Parent Involvement Coordinator
Marcy McDonald, Teacher
Amy Blansett, BISD Assistant Superintendent
Kara Thompson, Parent
Abbie Cano, Crockett Nurse
Alyssa Contreras, Parent
Andie Whitefield, Paul Belton Administrative Intern
Tabatha Smith, Elementary Counselor
Callie Burleson, Community Member
Elia Smith, Community Member
Deborah Laurence, Community Member

- I. Sydney Hertel brought the meeting to order at 2:05 and gave brief overview of impending legislation regarding SHAC meetings
- II. Public comment by Deborah Laurence, a parent of a teacher and grandparent of a student, concerning upcoming changes and adoption to the curriculum with regards to the conservative values of our community.
- III. Introductions of attendees
- IV. Reminder of requirements for SHAC
- V. Joy Howard addressed the committee on behalf of child wellness and nutrition. She explained the information surrounding Smart Snacks in school, which pertains to any food sold for money or tokens throughout the school day. The focus is on childhood obesity and helping students make healthy choices. After a question from Nurse Cano about concession stands at event, Mrs. Howard reminded the committee the rule is in effect 30 minutes before and after regular school hours. Fundraiser items are exempt as long as they are not sold to eat at school. PTO sales are to be distributed at end of day and taken home. Nurse Cano questioned who monitors this. Mrs Howard replied that the Texas Agriculture audits schools every three to four years for compliance. Finally, water fountain additions were discussed for the cafeterias. Mrs. Blansett will look into this as fountains are being installed at different campuses using ESSER funds. Mrs. Howard closed with the reminder that discussion on snacks and lunches are to help prompt healthy choices and educating students and parents may be needed on social media.
- VI. Teresa Bodey addressed the committee to present information on Snack Pak 4 Kids program which has been utilized in Borger since 2012. The program is under the direction of Barbie Schroeder.
- VII. Joy Howard presented information on the Summer Feeding Program and our high percentage of students receiving free and reduced meals. Borger Park Recreation Program and summer school students, as well as Buttercup utilize this program throughout the summer, along with a few community members who come to lunch. Program is completely free.
- VIII. Nurse Cano updated committee on the health and wellness aspect of Borger ISD. Nurses have been busy the last two years with Covid protocols and monitoring. Staff and students. The focus is on preventative and keeping everyone well. Covid numbers were 263 positive cases as of August 4, 2021. 1,068 Covid tests have been given to date. The district will reapply for new tests. Nurses have a combined average of 11,000-12,000 clinic visits a year.

They also perform hearing and vision screenings at schools, as well as scoliosis screenings at BMS. The nurses also participated in the Covid test drive in 2021.

- IX. Mrs. Hertel said in January PE teachers and coaches will be discussing recess in elementary and PE. SHAC has a role in curriculum development in human sexuality, child abuse, dating violence, human sex trafficking, family violence. Subcommittees will be created to discuss options for curriculum adoption and will meet in January. The subcommittees will report back to the SHAC committee so that the committee can make recommendations for the upcoming adoptions of Health resources for the district. Mrs. Blansett reported TEKS will be revised and an adoption for health curriculum will be overseen by a committee. This will take place around March and a recommendation will be made to the Board in April or May. Mrs. Hertel will serve as a liaison with the community for the adoption of curriculum.
- X. Mrs. Hertel would like the SHAC members to participate in a vision activity so that we can create a vision for this committee.
- XI. Other information-Texas Education Code requires schools post and provide child abuse hotline numbers. Mrs. Hertel has coordinated the printing of posters and the number is also on student IDs at the secondary level.
- XII. Next SHAC meeting will be January 25, 2022 at 2:00 at the BIS Media Center.
- XIII. Meeting adjourned by Sydney Hertel at 3:16.